

Conversions

Imperial to Metric		U.S. to Metric	
1 oz.	28.41 mL	1 oz.	29.57 mL
8 oz.	227.28 mL	8 oz.	236.59 mL
16 oz.	454.56 mL	16 oz.	473.18 mL
32 oz.	909.12 mL	32 oz.	946.36 mL
1 Gallon	4545.60 mL	1 Gallon	3785.47 mL

Metric to Imperial		Metric to U.S.	
125 mL	4.40 oz.	125 mL	4.23 oz.
250 mL	17.59 oz.	250 mL	8.45 oz.
500 mL	17.59 oz.	500 mL	16.90 oz.
1 L	35.19 oz.	4 L	140.79 oz.
4 L	140.79 oz.	4 L	135.25 oz.

All measurements are based on water specific gravity = 1 (Approx.) Temperature conversions (>0)
 From Fahrenheit to Celcius = $(F - 32) \times 0.55$. From Celcius to Fahrenheit = $(C \times 1.8) + 32$
 1 in = 2.54 cm or 25.4 mm = 100mm = 3.937 in. 1 kg = 2.20 lbs

Recycling Symbols

1 = PETE (polyethylene terephthalate) 2 = HDPE (high density polyethylene) 3 = V (vinyl/polyvinyl chloride PVC) 4 = LDPE (low density polyethylene) 5 = PP (polypropylene) 6 = PS (polystyrene) 7 = other

